Pitfalls of flight Training

The monotonous nature of **airline pilot training** would render a majority of aspirants to look for a break or a release from routine. Their frustrations are warranted as the courses are both mentally as well as physically taxing.

The one way to ensure sanity and optimal performance would be to ensure that flight training is as exciting as it can be. This would allow one to enjoy their course and so give them the well needed short term motivation to push through, to improve their outlook towards the entire fiasco.

**1. Experienced Faculty**

The staff equipped to train you would have a varying degree of expertise. Now the common notion would be that if an instructor has decades of experience flying, they would be the best teacher. This might not be the case, always. This is because to be an effective teacher, one must be well acquainted in the art of teaching, not the art of their skill.

These two are not always mutually exclusive, but some instructors would make it seem as though they were actually once con artists. Anyway, to avoid frustration in this regard, finding an effective guide to take the reins can prove pretty handy.

**2. Importance of De-briefings**

Any system without a feedback is usually unstable. This is especially the case for any systems that have humans acting as their sub-systems. After a flight lesson has ended, one has to have a feedback about their performance and any inputs on corrective measures.

This part is vital as only then can one make required changes to optimise their learning. The flight instructors would have seen many pilots in their time. That experience can definitely help you if you patiently pay attention during every de-briefing session for pointers and regular faults. It is a summary of everything you did, after all. Try and improve where you can immediately.

**3. Custom Suggestions**

The only way you can fix a problem is if you firstly know what the problem is! No, I’m not just talking about superficially knowing it. Clearly understanding the problem would be halfway through fixing it, really. Just as one cannot see their own faces without the help of a mirror, your problems can only be visible if you use the mirrors provided. Your instructors.

Talk to them. Ask questions. Ask opinions. They all go a long way in self-improvement. They see you from a perspective that you can never see. This was maybe what you needed all along.

**4. Flying Day**

The day of reckoning. This day is what you have been working for by imagining through the lenses of your texts and other pedagogical methods. The aircraft, weather, route and a whole lot of other aspects, all meet up to put your nerve to the test.

Fret not, however. Your instructors are always there to guide you. Familiarise yourself about the concepts that would be taught on that day and come prepared. At least you’ll be prepared enough for the expected situations. Dealing with the unexpected ones now is what really tests you, right? Even if it is too much to chew, you still bit it off. You will be prepared for the next.